Coaching Resources for Your Own Lifelong Learning

Selected Readings:

Brounstein, M. (2000 *Coaching and mentoring for dummies.* Foster City, CA: IDG Books.

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Ladyshewsky, R.K. (2000). Peer-assisted learning in clinical education: A review of terms and learning principles. *Journal of Physical Therapy Education*, 14 (2), 15-22.

McNally, K. & Lukens, R. (2006). Leadership development: An external-internal coaching partnership. *Journal of Nursing Administration*, 36 (3), 155-161.

Sekerka, L.E. & Chao, J. (2003) Peer coaching as a technique to foster professional development in clinical ambulatory settings. *Journal of Continuing Education in the Health Professions*, 23 (1), 30-37.

Stone, D., Patton, B. & Heen, S. (1999). *Difficult conversations: How to discuss what matters most*. New York: Viking Press.

Waddell, D.L. & Dunn, N. (2005). Peer coaching: The next step in staff development. *Journal of Continuing Education in Nursing*, 36 (2), 84-91.

Weston, M. (2001). Coaching generations in the workplace, *Nursing Administration Quarterly*, 25 (2), 11-21.

Selected websites:

- Visit www.12coachyou.com to subscribe to a newsletter with coaching tips
- Visit www.peer.ca/articles/ for a searchable (by keyword, year or author) library of publications (peer reviewed and non-peer reviewed) on coaching and mentoring
- Helpful tips and assessment tools at: www.coach.net/coachabl.htm
- Many online resources, assessment tools and further reading, plus a daily coaching tip that you can subscribe to by e-mail: www.coachu.com